

# PLANNING TIPS

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## WHAT TO BRING:

Bedding, pillow, pajamas, recreational clothing, jeans/modest shorts, current medications, modest one-piece swimwear, spending money, Bible, socks & undergarments, personal toiletries, raincoat or umbrella, sweatshirt, bug spray, towel, sturdy shoes for rough terrain, notebook & pencil, plastic bag for dirty clothing, sun screen.

## WHAT NOT TO BRING:

Electronic equipment including cell phones, iPods, personal music players, two way radios, video game equipment, computers, etc. Water balloons & water guns, fireworks, firearms, tobacco, non prescription drugs, weapons, alcohol, pets, & food, are not allowed on the campgrounds.

## SPENDING MONEY:

The snack shop is open during free times for the purchase of food, beverages, and souvenirs. A BGMC/STL missions offering is also received during the week.

## DRESS POLICY:

All campers are expected to dress and groom themselves neatly and modestly. Inappropriate clothing (such as those with alcohol, tobacco, satanic, or sexual slogans) is not permitted.

**Shoes:** Athletic shoes should be worn during activities.

**Shirts:** Should allow for full arm and normal body motion without revealing bellies, backs, or undergarments. Sleeveless shirts, tank tops, and low cut V-necks are not permitted.

**Swimwear:** Guys - Board style (no bikini) Girls - One piece or two piece with appropriate shirt to cover. All campers should wear shirts to/from the swimming area

**Shorts/Skirts/Pants:** When standing relaxed should fall no higher than two inches above the knee. Mini skirts and skin tight or form fitting pants should not be worn.

**Services:** Casual clothing is accepted during evening chapel services. Please keep in mind the temperature can drop below 60 degrees at night.

## MEDICATIONS:

All medications brought to camp shall be clearly labeled to include: 1) camper's name, 2) name of prescribing physician, 3) prescription number, 4) date prescribed, 5) name of medication, 6) directions for use. All medications are to be turned in to the first aid provider upon arrival.

## LOST & FOUND:

Please clearly mark your camper's belongings. It is the camper's responsibility to check the office for lost items. A fee will be charged if you request shipment of lost and found articles. Lost and found items are kept through July and then are discarded or donated to charity.